Title of the paper

Name and Surname of the first author\*1A-E (contribution), Name and Surname of the second author1A-E (contribution)

Authors’ contribution:

1. conception and design of the study
2. acquisition of data
3. analysis and interpretation of data
4. manuscript preparation
5. obtaining funding

1Affiliation, city, country

2Affiliation, city, country

\***Correspondence:** Name and surname, and full address; email: xxx

**Received:** xxx

**Accepted:** xxx

Linked ORCID of each author: <https://orcid.org/0000-0003-3844-550X>

Abstract

An abstract shall be of 200-250 words.

Key words: Keyword 1, keyword 2, keyword 3, keyword 4, keyword 5

**Subchapter**

In text referencing you should use the APA style 7th Referencing System ie. (Sugden, 2010). When you quote an author please provide also a page number (Sugden, 2010, p. 5).

Xxx

Spell out acronyms in the first instance in the abstract and paper.

**Next subchapter**

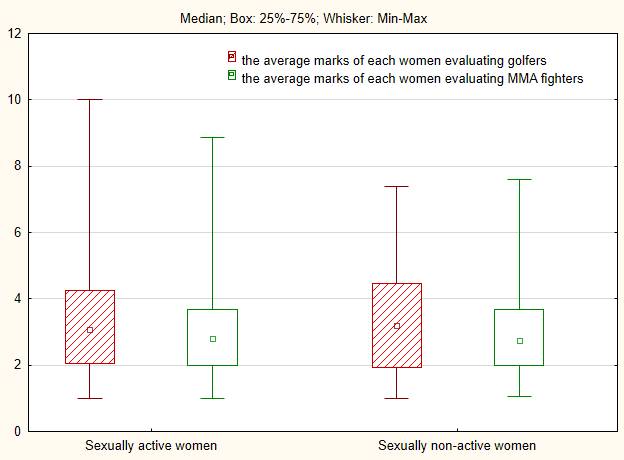
For twentieth-century French sociologist Pierre Bourdieu,

*“Quotation in italics”* (Bourdieu, 2005, p. 39).

Ensure tables and figures are cited. Please provide titles and sources (if applicable) for all tables and figures. W prefer editable files e.g. Excel. Figures (JPEG, TIFF, PNG, BMP) should be sent as separate files if they contain photographs or drawings of good quality (high resolution.

**Table 1.** Title of the table (font 10 pts)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Category** | **Category** | **Category** | **Category** | **Category** |
| Variable |  |  |  |  |
| Variable |  |  |  |  |
| Variable |  |  |  |  |



Note: name all abbreviations i.e. Min – minimum value

**Figure 1.** Title of the figure

**Ethics approval and informed consent**

Manuscripts reporting studies on human subjects, human data or tissue, or animals should include a statement on ethics approval and consent when humans are involved. Please include the name of the committee that approved the study and reference number if appropriate.

**Competing interests**

The author(s) of a paper submitted to *Physical Culture and Sport. Studies and Research* are required to complete a declaration of competing interest for any commercial associations or financial interests held by the author.

**Funding**

Please declare all the sources of funding including financial support. Please describe the role of the sponsor(s), if any, in any of the stages from study design to submission of the paper for publication.

**Acknowledgments**

All contributors who do not meet the criteria for authorship should be listed in the Acknowledgments section.

**REFERENCES (**APA style 7th Referencing System**) – for details you may visit** [**https://apastyle.apa.org/style-grammar-guidelines/references/examples**](https://apastyle.apa.org/style-grammar-guidelines/references/examples)

Bourdieu, P. (1978). Sport and social class. *Social Science Information*, *17*(6), 819–840.

Bourdieu, P. (1984). *A Social Critique of the Judgement of Taste.* Translated by Richard Nice. Cambridge, MA: Harvard University Press.