Title of the paper

Name and Surname of the first author\*1A-E (contribution), Name and Surname of the second author1A-E (contribution)

Authors’ contribution:

1. conception and design of the study
2. acquisition of data
3. analysis and interpretation of data
4. manuscript preparation
5. obtaining funding

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2Affiliation, city, country

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**Received:** xxx

**Accepted:** xxx

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Abstract

An abstract shall be of 200-250 words.

Key words: Keyword 1, keyword 2, keyword 3, keyword 4, keyword 5

**Subchapter**

In text referencing you should use the APA style 7th Referencing System ie. (Sugden, 2010). When you quote an author please provide also a page number (Sugden, 2010, p. 5).

Xxx

Spell out acronyms in the first instance in the abstract and paper.

**Next subchapter**

For twentieth-century French sociologist Pierre Bourdieu,

*“Quotation in italics”* (Bourdieu, 2005, p. 39).

Ensure tables and figures are cited. Please provide titles and sources (if applicable) for all tables and figures. W prefer editable files e.g. Excel. Figures (JPEG, TIFF, PNG, BMP) should be sent as separate files if they contain photographs or drawings of good quality (high resolution.

**Table 1.** Title of the table (font 10 pts)

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| Variable |  |  |  |  |
| Variable |  |  |  |  |
| Variable |  |  |  |  |



Note: name all abbreviations i.e. Min – minimum value

**Figure 1.** Title of the figure

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The author(s) of a paper submitted to *Physical Culture and Sport. Studies and Research* are required to complete a declaration of competing interest for any commercial associations or financial interests held by the author.

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**REFERENCES (**APA style 7th Referencing System**) – for details you may visit** [**https://apastyle.apa.org/style-grammar-guidelines/references/examples**](https://apastyle.apa.org/style-grammar-guidelines/references/examples)

Bourdieu, P. (1978). Sport and social class. *Social Science Information*, *17*(6), 819–840.

Bourdieu, P. (1984). *A Social Critique of the Judgement of Taste.* Translated by Richard Nice. Cambridge, MA: Harvard University Press.